

PHYSICAL THERAPY SERVICES OF RI



The BANDIT: \$25.00

Medically designed by orthopedic surgeon Dr. Donald Fareed. It allows normal circulation and blood flow. Strategically placed pressure points provide maximum support. Relieves tennis elbow, and other forms of forearm and wrist pain. One size fits most.



Hand Exercisers: \$ 8.00

Thera-Band® Hand Exercisers are specially formulated exercisers provided in a progressive sequence of four translucent colors. They're used for hand, finger and forearm strengthening, as well as hot and cold therapy.

Progressive resistance in different levels of compression allow each exercise to be geared to the patient and they show a clear measure of progress. Place a Hand Exerciser into the microwave or freezer for hot or cold use.



Tempur-Pedic® Classic Pillow: \$80-\$150

Classically comfortable!

Our Classic Pillow combines the pressure-relieving comfort of TEMPUR material with a traditional pillow shape to provide functional and therapeutic neck support.



Tempur-Pedic® Swedish Neck Pillow™ - Travel: \$75.00

You won't want to leave this one at home!

This handy traveling version of our Swedish Neck Pillow™ comes with a convenient storage pouch that allows it to also be used as a neck roll or lumbar support.

Each pillow includes a 3-year limited warranty. Pillows are very personal items and therefore are non-returnable. They do not have a tryout period.



Tempur-Pedic® Seat Cushion: \$80.00

The Seat Cushion absorbs and distributes your weight evenly over its entire surface enabling you to sit comfortably for extended periods of time. It works well in conjunction with the Lumbar Support Cushion (Sold Separately).

Each cushion includes a 3-year limited warranty. Cushions are very personal items and therefore are non-returnable. They do not have a tryout period.



Tempur-Pedic® Lumbar Support Cushion: \$80.00

No need to continue suffering from that aching, tired back. Relief is here in our Lumbar Support Cushion. This great cushion provides maximum comfort, perfect fit and proper support for your mid and lower back. The Lumbar Support Cushion works well in conjunction with the Seat Cushion (Sold Separately).

Each cushion includes a 3-year limited warranty. Cushions are very personal items and therefore are non-returnable. They do not have a tryout period.



Tempur-Pedic® Leg Spacer: \$60.00

Place this unique cushion between the knees to relieve lower back and hip pain or open it up to use for extra support under the legs. The soft velour cover is removable for easy laundering.

Each cushion includes a 3-year limited warranty. Cushions are very personal items and therefore are non-returnable. They do not have a tryout period.



Tempur-Pedic® Millennium Neck Pillow: \$100.00

Tempur-Pedic® Millennium Neck Pillow features a curved edge that is lower in the middle and higher on the sides to provide proper neck alignment whether you sleep on your back or on your side. The front edge is also tilted forward to cradle your upper vertebrae for superior comfort and therapeutic support.

Each pillow includes a 3-year limited warranty. Pillows are very personal items and therefore are non-returnable. They do not have a tryout period.



FOAM ROLLER: \$20.00

Foam Rollers have become one of the most widely used therapeutic and conditioning products available. Don't let their simple design fool you — Foam Rollers easily adapt to a variety of techniques, including mobilization, balance and strength training, and can be used effectively in many positions... supine, prone, sitting, kneeling, lying on your side, or standing.

Foam Rollers are great for balance exercises, stability exercises, strength training, home exercise, home physical therapy, as well as use in a clinical setting.



Shoulder Pulley: \$ 25.00

This model comes with standard plastic handles and over-the-door strap. Developed by a practicing physical therapist, it was the first web-strap over-the-door pulley on the market.

A low cost, simple-to-use device, the Shoulder Pulley helps increase and maintain range of motion in all planes of shoulder motion.



GLIDE POINT MASSAGE Model 610 W/HANDLE: \$20.00

Massage tool with handle to massage away sore and tension stressed muscles.

The Glide Point Massage Tool with Handle is a perfect tool to massage away sore and tension stressed muscles. The air glide roller ball glides smoothly over bare skin or clothing, eliminating the need for messy oils or gels. Great for helping with neck and back pain, tendonitis, muscle soreness, fibromyalgia bursitis, leg cramps, aches, pains and strains. The ergonomically designed handle reduces hand fatigue, and the acupressure endpoint allows for precise compression of sore trigger points.



GLIDE POINT MASSAGER MODEL 300: \$18.00

The Glide Point Massage Tool is a perfect tool to massage away sore and tension stressed muscles. The air glide roller ball glides smoothly over bare skin or clothing, great for helping with neck and back pain, tendonitis, muscle soreness, fibromyalgia bursitis, leg cramps, aches, pains and strains. A hole in the base allows easy cleaning of the roller ball if used with oils or gels.



Heel Lifts: \$5.00

Lower back pain is the greatest problem caused by leg length inequality.

Leg length difference is also often a causative factor in pain in the hip, knee or leg on the side of the longer leg. Studies have shown that the longer leg carries more weight, and is subject to more abuse in activities such as walking, or running. Long term leg length inequality has also been shown to lead to hip joint arthritis.



Basic Herb Pack: \$12.00

Our 100% natural aromatherapy herbal heat packs are perfect for healing and relaxing. Sized conveniently at 12" x6", you can use the herbal heat packs almost anywhere on your body. For hot therapy microwave the herbal heat pack and apply it to the effected area. For cold therapy freeze the herbal heat pack for a couple of hours.



Index Knobber II: \$10.00

A simple device designed to let you apply deep pressure to trigger points.



Jacknobber II: \$10.00

An ergonomic grip allows deep or gentle massage.



Eye Pack: \$10.00

The Eye Shade is used as an uplifting and soothing eye pack. It alleviates stress, anxiety and depression. The flowering tops of the lavender plant have been used for centuries to help relieve migraines and headaches. It is also helpful for insomnia. It is great for relaxation during meditation. It can be used cold to reduce puffiness around the eyes.



Shoulder Pack: \$30.00

Our Neck and Shoulder pack is a perfect hot and cold pack for relieving stress in the whole neck, upper back, and shoulder at the same time! The Neck and Shoulder Pack measures 18"wide x 12"deep semi-circular, and has a natural, comfortable half-circle shape when laid flat on a table. This shape gives you the broadest range of uses and the most contact over the shoulders. It covers the most area and its unique design conforms easily around the neck, shoulders, upper back, lower back, chest, stomach, and knees to give hot therapy. It is great for treating bursitis, tendonitis, sprains/strains, and many other conditions.



Foot Warmers: \$25.00

The Foot Warmers are perfect for after you get home from work and need to take a little weight off you feet. The deep penetrating heat will relieve your feet to the core. perfect for cold feet in bed. Foot Warmers are NOT for walking.



Valeo® body balls: \$25.00

Exercise several muscle groups at once improves balance, coordination and flexibility develops healthier posture. 1000 LB bust rating. Includes ball, a wall chart illustrating step-by-step exercise program and a high-volume air pump.



Flexi-Grip Hand Exercise Putty: \$5.00

Rehabilitates hand muscles weakened by injury or illness

Promotes coordination, agility and dexterity

Enhances wrist and finger flexibility

Improves grip, builds endurance and releases stress

Tan - Super Soft

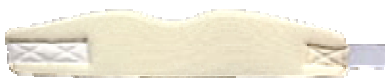
Yellow - Soft

Medium/Soft – Red

Medium/Firm - Green

Medium – Coral

Firm – Blue



Cervical Collar: \$10.00

1" thick soft foam is slightly contoured for a comfortable fit.
Covered with stockinette and a Velcro closure.



Cervical Traction Set: \$25.00

Cervical Traction Set with heavy-duty, foam-padded head halters. Adjust with metal D-Rings and Velcro® closures. Machine washable. Pulley assembly, 12" spreader bar, 8' traction rope, "S" hook and double-sealed, 20-lb. capacity vinyl water bag. Chrome-plated steel. Instructions included.



Exercise Bands (Mini-Bands): \$6.00

- Use anywhere-- on the field, at home, in the clinic or gym, or even when traveling.
- Provides smooth, consistent resistance.
- Effective for both upper and lower body training.
- 2" wide bands provide comfort and are long lasting.
- Instructions included.



Bongers: \$20.00

Tapping Massage Tool - Bongers are traditional massage tools all over the Orient. They're good for breaking down muscle tension and stimulating circulation.

Most everyone stores tension in their neck and shoulders, and Bongers are just about always effective there. However, they feel good all over (but don't hit the kidneys!), giving an invigorating, Shiatsu-like massage. Their flexible shafts do all the work, allowing the masseur/se to BONG indefinitely without effort.

Bongers come in sets of 2 body sticks.



WAL-PIL-O Classic Neck Pillow: \$50.00

4-in-1 anatomical design helps relieve discomfort from tension headaches and arthritic disorders of the neck, while reducing nocturnal and early morning pain. Properly supports and aligns the head and neck while lying on the back or side. Full-size, rectangular, therapeutic pillow fits standard pillowcase.



WAL-PIL-O THERMAPAD: \$40.00 - \$50.00

Moist heating pad has automatic on/off safety switch with glow light. Sizes: Large, 13 by 27 inches; Medium, 13 by 13 inches; Small, 4 by 14 inches.

WAL-PIL-O moist heating pads provide localized moist heat. When immersed in hot water the pack absorbs enough liquid to maintain an effective therapeutic heat level for up to 30 minutes.



WAVE COMFORT PILLOW: \$48.00

Wave Comfort & Ultra Wave Deluxe foam support combines a waved surface for cool air flow with firm foam cores for support. Helps soothe your tired neck and back.



Body Blades: \$50.00/\$60.00

Light/Small & CXT

Increases muscular endurance, balance and coordination. Convenient for travel and hotel workouts. Great for beginners and seniors. Ideal for post op rehabilitation. Compact and convenient



BIOFREEZE®: \$10.00

Effectively help relieve pain from:

- Sore Muscles & Muscle Sprains
- Back, Shoulder, Neck Pain
- Arthritis
- Painful Ankle, Knee, Hip & Elbow Joints
- Muscular Strains



Back Buddy: \$40.00

This amazing self-massage tool provides welcome relief for those suffering from muscle fatigue, fibromyalgia, or chronic pain. The Body Back Buddy reduces pain and stiffness, increases range of motion and circulation, and restores muscle functionality. Designed by a licensed massage and neuromuscular therapist, the unique S-shaped curve allows you to comfortably reach trigger points in the back, neck, shoulders, chest, arms, hands, buttocks, hips, legs, and feet.



Kelly Cryothermal Massage Tool: \$99.00

High density stainless steel; maintains desired temperature much longer than other massage materials. Detachable opposed heads accommodate all type of manual massage: dual rolling, trigger point, cross fiber friction, muscle stripping.

Well-balanced 2.5 lb tool allows application of appropriate force with relaxing sensations. Heat heads in warm water, cool in freezer or refrigerator; double-ended design permits contrast therapy

Significantly reduces amount of stress, abuse hands endure from repeated deep tissue massage, bodywork.

Easy to clean, will never rust; virtually indestructible. Includes fully illustrated use manual.



Posture Curve: \$30.00

This back support cushion makes driving long distances easy. The posture- curve lumbar cushion is specially designed for curved or contoured bucket seats. Cushion is angled to fit snugly in most bucket seats. Fastens with a handy sewn-in elastic strap with buckle. Quality covering zips off for washing.



Rest-A-Phone Shoulder Rest: \$10.00

Helps to support the head and neck in correct alignment.
Helps prevent head, neck and shoulder pain.

Available in Black or white. Attaches to any phone.

PHYSICAL THERAPY PRODUCTS

